

"Start Somewhere" Walks

Last Updated Monday, October 17 2011 13:02



More than 291,000 Iowans voted with their feet in favor of the new Healthiest State Initiative by participating in Start Somewhere Walks held across Iowa earlier this month according to estimates by walk organizers. "In more than 2,300 group walks and thousands of individual walks, Iowans said 'yes' to starting our journey to becoming the healthiest state in the nation," said Governor Terry Branstad, who in August announced the Healthiest State Initiative, which aims to make Iowa number one in well-being by 2016 as measured by the Gallup-Healthways Well-Being Index®. "It was a remarkable display of energy as Iowans came together to 'start somewhere' in reaching this ambitious goal." Start Somewhere Walks were held in each of Iowa's 99 counties, including one led by Governor Branstad around the State Capitol complex. Pictured here are students and staff walking at Lincoln Elementary School. All of the schools within the Washington Community School District participated in this event. It was a perfect day for walking!

