

## WCSD healthy snack list:

Any type of Fresh Fruits (apples, oranges, grapes, bananas, pineapple, etc.)

Any type of Fresh Vegetables (carrot sticks, celery, broccoli, etc.)

Mozzarella Cheese, Cheddar Cheese, etc. (cubed or sticks)

Graham Crackers, Ritz or Club Crackers, etc.

**Pretzels** 

Granola Bars

Popcorn

Applesauce

Peanut Butter (great on some fruits or vegetables)

Any type of Nuts (peanuts, cashews, etc.)

Trail Mix

Tortilla Chips

Salsa

Bagels (plain or with peanut butter & jelly, cream cheese, etc.)

Raisins

**Oatmeal Cookies** 

Muffins

Yogurt

Milk

Water

100% Fruit Juice