

# May 2019



Washington Community Schools  
Washington, Iowa  
Student Breakfast Menu

<p>*WG-Whole Grain. Menus are subject to change without notice. This institution is an equal opportunity provider.</p>		<p style="text-align: center;"><b>Wednesday May 1</b></p> <p>WG Waffle w/syrup Grapes Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Thursday May 2</b></p> <p>Sausage Biscuit Clementine Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Friday May 3</b></p> <p>WG Cereal Yogurt Cup Juice Choice Milk Choice</p>
<p style="text-align: center;"><b>Monday May 6</b></p> <p>Biscuit &amp; Gravy Hash Brown Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Tuesday May 7</b></p> <p style="text-align: center;">Cook's Choice</p>	<p style="text-align: center;"><b>Wednesday May 8</b></p> <p><b>PD/1:10 Dismissal</b> Pancake Bites Fruit Smoothie Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Thursday May 9</b></p> <p>Long John Apple Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Friday May 10</b></p> <p>Breakfast Burrito Mandarin Oranges and Pineapple Juice Choice Milk Choice</p>
<p style="text-align: center;"><b>Monday May 13</b></p> <p>French Toast Sticks Sausage Patty Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Tuesday May 14</b></p> <p>Breakfast Pizza Mix Fruit Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Wednesday May 15</b></p> <p>Ham &amp; Cheese Biscuit Clementine Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Thursday May 16</b></p> <p>Breakfast Casserole WG Toast Fresh Pear Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Friday May 17</b></p> <p>Pop Tart Little Smokies Juice Choice Milk Choice</p>
<p style="text-align: center;"><b>Monday May 20</b></p> <p>Mini Muffins Hard Boiled Egg Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Tuesday May 21</b></p> <p>Blueberry Bubble Bread Diced Peaches Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Wednesday May 22</b></p> <p>Excellent Egg Taco Cantaloupe Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Thursday May 23</b></p> <p style="text-align: center;">Cook's Choice</p>	<p style="text-align: center;"><b>Friday May 24</b></p> <p>WG Cereal String Cheese Apple Juice Choice Milk Choice</p>
<p style="text-align: center;"><b>Monday May 27</b></p> <p style="text-align: center;"><b>No School Memorial Day</b></p>	<p style="text-align: center;"><b>Tuesday May 28</b></p> <p>Pancake on a Stick Applesauce Cup Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Wednesday May 29</b></p> <p>WG Cereal WG Toast Orange Juice Choice Milk Choice</p>	<p style="text-align: center;"><b>Thursday May 30</b></p> <p style="text-align: center;">Cook's Choice</p>	<p style="text-align: center;"><b>Friday May 31</b></p> <p>Cheese Omelet English Muffin Strawberries Juice Choice Milk Choice</p>



# May 2019



Washington Community Schools  
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Student Lunch Menu

		<b>Wednesday May 1</b>	<b>Thursday May 2</b>	<b>Friday May 3</b>
		Tenderloin on Bun Sun Chips Broccoli w/Cheese Diced Peaches Milk Choice	Crispitos w/Cheese Chips & Salsa Steamed Corn Fresh Pear Milk Choice	Hot Dog French Fries Seasoned Green Beans Watermelon Milk Choice
<b>Monday May 6</b>	<b>Tuesday May 7</b>	<b>Wednesday May 8</b>	<b>Thursday May 9</b>	<b>Friday May 10</b>
Mr. Rib Sandwich Sweet Potato Fries Baked Beans Orange Milk Choice	Chicken Nuggets Mashed Potatoes w/Gravy Sauteed Zucchini Fresh Strawberries WG Roll w/Jelly Milk Choice	<b>PD/1:10 Dismissal</b> Philly Cheesesteak French Fries Seasoned Peas Grapes Milk Choice	Stromboli Squares Seasoned Asparagus Fresh Fruit Cup Milk Choice	Cheese Pizza Caesar Salad Cantaloupe Rice Crispy Bar Milk Choice
<b>Monday May 13</b>	<b>Tuesday May 14</b>	<b>Wednesday May 15</b>	<b>Thursday May 16</b>	<b>Friday May 17</b>
Breaded Chicken on Bun Fritos Baby Carrots w/Hummus Grapes Milk Choice	Orange Chicken Brown Rice Stir Fry Vegetables Fruit Smoothie Milk Choice	BBQ Pork on Bun Sun Chips Creamy Cole Slaw Watermelon Milk Choice	<b>Cook's Choice</b>	Walking Taco Lettuce & Cheese Black Bean Corn Salsa Rosy Applesauce Peanut Butter Cookie Milk Choice
<b>Monday May 20</b>	<b>Tuesday May 21</b>	<b>Wednesday May 22</b>	<b>Thursday May 23</b>	<b>Friday May 24</b>
Cheeseburger Green Leaf Lettuce & Tomato French Fries Baked Beans Clementine Milk Choice	Spaghetti w/Meat Sauce Steamed Peas Strawberries Garlic Bread Milk Choice	Fajita Chicken Wrap Refried Beans Steamed Corn Fresh Fruit Cup Milk Choice	Macaroni & Cheese Little Smokies Mixed Vegetables Diced Pears Milk Choice	Grilled Chicken on Bun Sweet Potato Fries Broccoli Parmesan Banana Milk Choice
<b>Monday May 27</b>	<b>Tuesday May 28</b>	<b>Wednesday May 29</b>	<b>Thursday May 30</b>	<b>Friday May 31</b>
<b>No School Memorial Day</b>	Hot Ham & Cheese Tri Tater Steamed Asparagus Mandarin Oranges Sunshine Bar Milk Choice	<b>Cook's Choice</b>	Turkey Sub Sun Chips Baby Carrots w/Ranch Fresh Apple Cookie Milk Choice	Soft Taco Refried Beans Steamed Green Beans Banana Royal Brownie Milk Choice

\*\*Daily Vegetable Bar Combinations: Romaine & Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery Cucumbers and Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad. Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. Reduced fat dressing is served with salads & fresh vegetables. Menus are subject to change without notice. This institution is an equal opportunity provide. \*\*Alternate Main Dish Option Offered Daily at the High School, Middle School and Lincoln: PB&J Sandwich.

