



March 2019

Washington Community Schools
Washington, Iowa
Student Breakfast Menu

				<p>Friday March 1</p> <p>Pop Tart Mixed Fruit Juice choice Milk Choice</p>
<p>Monday March 4</p> <p>Pancake Bites Fresh Apple Juice Choice Milk Choice</p>	<p>Tuesday March 5</p> <p>Sausage Cheese Bagel Strawberries Juice Choice Milk Choice</p>	<p>Wednesday March 6</p> <p>Breakfast Pizza Fresh Grapes Juice Choice Milk Choice</p>	<p>Thursday March 7</p> <p>WG Pancakes w/ Syrup Hard Boiled Egg Mandarin Oranges Juice Choice Milk Choice</p>	<p>Friday March 8</p> <p>WG Cereal Yogurt Cup Juice Choice Milk Choice</p>
<p>Monday March 11</p> <p>Cake Donut Applesauce Cup Juice Choice Milk Choice</p>	<p>Tuesday March 12</p> <p>Chicken Biscuit Fresh Orange Juice Choice Milk Choice</p>	<p>Wednesday March 13 <i>1:10 Dism.</i></p> <p>Oatmeal Breakfast Round Ham Patty Diced Peaches Juice Choice Milk Choice</p>	<p>Thursday March 14</p> <p>Scrumptious Coffeecake Mixed Fruit Juice Choice Milk Choice</p>	<p>Friday March 15</p> <p>Cheese Omelet Hash Brown Tropical Fruit Juice Choice Milk Choice</p>
<p>Monday March 18</p> <p><i>No School Spring Break</i></p>	<p>Tuesday March 19</p> <p><i>No School Spring Break</i></p>	<p>Wednesday March 20</p> <p><i>No School Spring Break</i></p>	<p>Thursday March 21</p> <p><i>No School Spring Break</i></p>	<p>Friday March 22</p> <p><i>No School Spring Break</i></p>
<p>Monday March 25</p> <p>WG Cereal Little Smokies Fresh Orange Juice Choice Milk Choice</p>	<p>Tuesday March 26</p> <p>Egg Casserole Strawberries & Bananas Juice Choice Milk Choice</p>	<p>Wednesday March 27</p> <p>WG Cinnamon Roll Fresh Apple Juice Choice Milk Choice</p>	<p>Thursday March 28</p> <p>Egg & Cheese on English Muffin Apricots Juice Choice Milk Choice</p>	<p>Friday March 29</p> <p>Breakfast Pizza Fresh Pear Juice Choice Milk Choice</p>

**Menus are subject to change without notice. This institution is an equal opportunity provider.



March 2019

Washington Community Schools Washington, Iowa Student Lunch Menu

				<p align="center">Friday March 1</p> <p>Corn Dog Ranch Potato Wedges Steamed Carrots Fresh Grapes Milk Choice</p>
<p align="center">Monday March 4</p> <p>Meatball Sub Fritos Steamed Peas Clementine Milk Choice</p>	<p align="center">Tuesday March 5</p> <p>Crispitos w/Cheese Sauce, Lettuce & Salsa Tortilla Chips Steamed Broccoli Banana Milk Choice</p>	<p align="center">Wednesday March 6</p> <p>Macaroni and Cheese Steamed Green Beans Fresh Apple Mozzarella Cheese Sticks Milk Choice</p>	<p align="center">Thursday March 7</p> <p>Grilled Chicken Sandwich W/Green Leaf Lettuce & Tomato Sweet Potato Fries Baked Beans Fresh Pear Milk Choice</p>	<p align="center">Friday March 8</p> <p>Popcorn Shrimp Cheesy Potatoes Steamed Mixed Vegetables Diced Peaches Bread & Butter Milk Choice</p>
<p align="center">Monday March 11</p> <p>Orange Chicken Brown Rice Stir Fry Vegetables Pineapple Tidbits Rice Crispy Bar Milk Choice</p>	<p align="center">Tuesday March 12</p> <p>Lasagna w/Meat Sauce Steamed Asparagus Apricots WG Roll w/Jelly Milk Choice</p>	<p align="center">Wednesday March 13 <i>1:10 Dism.</i></p> <p>Italian Chicken Sandwich Sun Chips Broccoli Parmesan Strawberries & Bananas Milk Choice</p>	<p align="center">Thursday March 14</p> <p>Seasoned Pork Sandwich French Fries Calico Beans Fresh Orange Milk Choice</p>	<p align="center">Friday March 15</p> <p>Pizza Steamed Corn Garden Salad Fresh Apple Chocolate Chip Cookie *Pizza Ranch Pizza-Lincoln only VIP Day</p>
<p align="center">Monday March 18 <i>No School Spring Break</i></p>	<p align="center">Tuesday March 19 <i>No School Spring Break</i></p>	<p align="center">Wednesday March 20 <i>No School Spring Break</i></p>	<p align="center">Thursday March 21 <i>No School Spring Break</i></p>	<p align="center">Friday March 22 <i>No School Spring Break</i></p>
<p align="center">Monday March 25</p> <p>Philly Cheese Steak Sandwich Sweet Potato Fries Steamed Peas Fresh Apple Milk Choice</p>	<p align="center">Tuesday March 26</p> <p>Chicken Nuggets Baked Potato Green Bean Casserole Diced Pears Mozzarella Cheese Sticks Milk Choice</p>	<p align="center">Wednesday March 27</p> <p>Taco w/Lettuce & Cheese Tortilla Chips & Salsa Refried Beans Steamed Corn Fresh Grapes Milk Choice</p>	<p align="center">Thursday March 28</p> <p>Chicken & Noodles Mashed Potatoes Carrot Soufflé Sliced Peaches WG Roll w/Butter Milk Choice</p>	<p align="center">Friday March 29</p> <p>Grilled Cheese Tomato Soup Zucchini Parmesan Mixed Fruit Milk Choice</p>

*Daily Vegetable Bar Combinations: Romaine & Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery Cucumbers and Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad. Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. Reduced fat dressing is served with salads & fresh vegetables. Menus are subject to change without notice. **Alternate Main Dish Option Offered Daily: PB&J Sandwich. This institution is an equal opportunity provider.